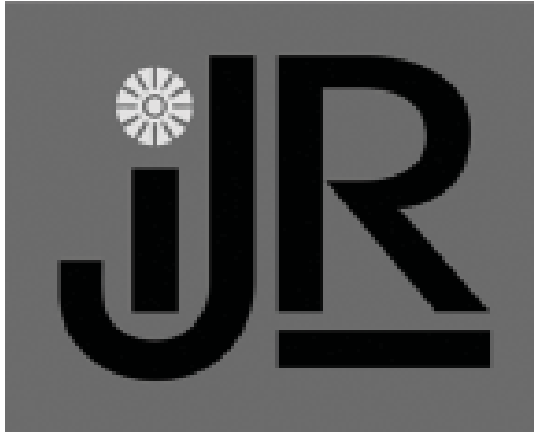


# Multi-Health Systems Inc.

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Multi-Health Systems Inc.



# Jesness Inventory- Revised

by Carl F. Jesness, Ph.D.

Name: \_\_\_\_\_

Sex: M F

Age: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
mm / dd / yyyy

 MHS

# Jesness Inventory–Revised

by Carl F. Jesness, Ph.D.

This form contains 160 statements. Read each one.

If you agree with the statement, place an X over the T (True) for that statement.

If you do not agree with the statement, place an X over the F (False) for that statement.

There are no right or wrong answers. It is only how you feel that is important. Mark either the T or the F for each item, even though you may not always feel perfectly sure about the statement.

	True	False
1. When you're in trouble, it's best to keep quiet about it.	T	F
2. It makes me nervous to sit still very long.	T	F
3. I get into a lot of fights.	T	F
4. I worry too much about doing the right things.	T	F
5. I always like to hang around with the same bunch of friends.	T	F
6. I am smarter than most people I know.	T	F
7. It makes me mad that some crooks who break the law get off free.	T	F
8. My feelings get hurt easily when I am criticized.	T	F
9. Most police will try to help you.	T	F
10. Sometimes I feel like I want to beat up on somebody.	T	F
11. When somebody orders me to do something I usually feel like doing just the opposite.	T	F
12. Most people will cheat a little in order to make some money.	T	F
13. A person never knows when he or she will get mad, or have trouble.	T	F
14. If the police don't like you, they will try to get you for anything.	T	F
15. You're better off if you don't trust people.	T	F
16. Sometimes I wish I could get away and forget about everything.	T	F
17. Sometimes I feel like I don't really have a home.	T	F
18. People always seem to favor certain persons ahead of others.	T	F
19. I never lie.	T	F
20. Most police are pretty dumb.	T	F
21. I worry about what other people think of me.	T	F
22. A person like me fights first and asks questions later.	T	F
23. I have very strange and funny thoughts in my mind.	T	F
24. It's hard to have fun unless you're with your friends.	T	F
25. I get nervous when I ask someone to do me a favor.	T	F

	True	False
26. I have been cruel to people or animals.	T	F
27. If I could, I'd just as soon quit school or my job right now.	T	F
28. Sometimes it feels good to outsmart or put one over on somebody.	T	F
29. I notice my heart beats very fast when people keep asking me questions.	T	F
30. When I get really angry, I'll do just about anything.	T	F
31. Women seem more friendly and happy than men.	T	F
32. It is easy for me to talk to strangers.	T	F
33. Police stick their noses into a lot of things that are none of their business.	T	F
34. A lot of fathers don't seem to care if they hurt your feelings.	T	F
35. I am secretly afraid of a lot of things.	T	F
36. I hardly ever get a fair break.	T	F
37. Others seem to do things easier than I can.	T	F
38. I seem to "blow up" a lot over little things that really don't matter very much.	T	F
39. Only a baby cries when he is hurt.	T	F
40. Most people are really very nice.	T	F
41. Winning a fight is about the best fun there is.	T	F
42. A lot of strange things happen to me.	T	F
43. I have all the friends I need.	T	F
44. I get a kick out of getting some people angry.	T	F
45. Nowadays they make it a big crime if you get into a little mischief or trouble.	T	F
46. It would be interesting to work in a carnival or circus.	T	F
47. My father was too busy to worry much about me or to spend much time with me.	T	F
48. Sometimes I feel dizzy for no reason.	T	F
49. Sometimes people treat grown boys and girls like they were babies.	T	F
50. It makes me feel bad to be bawled out, scolded, or criticized.	T	F
51. I have used a weapon that could have hurt someone.	T	F
52. When things go wrong, there isn't much you can do about it.	T	F
53. If someone in your family gets into trouble, it's better for you to stick together than to tell the police.	T	F
54. I can't seem to keep my mind on anything.	T	F
55. It often seems like something bad happens when I'm trying my best to do what is right.	T	F

	True	False
56. Most people in authority are bossy and overbearing.	T	F
57. I don't care if people like me or not.	T	F
58. It seems like wherever I am I'd rather be somewhere else.	T	F
59. Once in a while I get angry.	T	F
60. I think that boys fourteen years old are old enough to smoke.	T	F
61. Most parents seem to be too strict.	T	F
62. If people do something mean to me, I try to get back at them.	T	F
63. You can hardly ever believe what parents tell you.	T	F
64. I have a real mean streak in me.	T	F
65. I don't think I will ever be a success or amount to much.	T	F
66. Police usually treat you dirty.	T	F
67. Most of the time I can't seem to find anything to do.	T	F
68. It's hard for me to show people how I feel about them.	T	F
69. I often feel lonesome and sad.	T	F
70. I don't mind it when I'm teased or made fun of.	T	F
71. Nothing much ever happens.	T	F
72. A lot of times I do things my family tells me I shouldn't do.	T	F
73. It's fun to give the police a bad time.	T	F
74. A lot of people say bad things about me behind my back.	T	F
75. I wish I wasn't so shy and self-conscious.	T	F
76. I have damaged or destroyed other people's property on purpose.	T	F
77. It seems like people keep expecting me to get into some kind of trouble.	T	F
78. I like everyone I know.	T	F
79. Other people are happier than I am.	T	F
80. If I only had more money, things at home would be all right.	T	F
81. I really don't have very many problems to worry about.	T	F
82. Being called "weak" or "soft" is about the worst thing I know.	T	F
83. When I'm alone I hear strange things.	T	F
84. If a bunch of you are in trouble, you should stick together on a story.	T	F
85. I get a lot of headaches.	T	F

	True	False
86. Teachers always have favorites who can get away with anything.	T	F
87. Every day is full of things that keep me interested.	T	F
88. I would usually prefer to be alone than with others.	T	F
89. I can't seem to take much kidding or teasing.	T	F
90. I don't seem to care enough about what happens to me.	T	F
91. I never get angry at anybody.	T	F
92. I keep wishing something exciting would happen.	T	F
93. Police and judges will tell you one thing and do another.	T	F
94. It is hard for me to talk to my family and parents about my troubles.	T	F
95. I am liked by everybody who knows me.	T	F
96. It seems easier for me to act bad than to show my good feelings.	T	F
97. Too many people like to act big and tough.	T	F
98. I am always nice to everyone.	T	F
99. It takes someone pretty smart to cheat or outwit me.	T	F
100. Talking over your troubles with another person is usually a waste of time.	T	F
101. When I was young, I would leave and stay away from home or school without permission.	T	F
102. It doesn't seem wrong to steal from dishonest store owners.	T	F
103. I would never back down from a fight.	T	F
104. I have a lot of bad things on my mind that people don't know about.	T	F
105. I will do a lot of crazy things if somebody dares me.	T	F
106. Having to talk in front of a group makes me afraid.	T	F
107. Parents are always nagging and picking on young people.	T	F
108. Someday I would like to drive a race car.	T	F
109. I sit and daydream more than I should.	T	F
110. I feel sick to my stomach every once in a while.	T	F
111. At home I am too often blamed for things I don't do.	T	F
112. My life at home is always happy.	T	F
113. At night when I have nothing to do, I like to go out and find a little excitement.	T	F
114. A lot of women seem bossy and mean.	T	F
115. Nobody seems to understand me or how I feel.	T	F

	True	False
116. Most people get into trouble because of bad luck.	T	F
117. I am always kind.	T	F
118. Talking with my parents is just as easy as talking with others my own age.	T	F
119. Sometimes I don't like school or work.	T	F
120. If you want to get ahead, you can't worry too much about the other guy.	T	F
121. At times I feel like blowing up over little things.	T	F
122. I don't mind lying if I'm in trouble.	T	F
123. A person who won't fight is just no good.	T	F
124. To get along all right nowadays, a person has to be pretty tough.	T	F
125. I worry most of the time.	T	F
126. I often argue with older people who seem to think they know it all.	T	F
127. If you're not in with the right people, you may be in for some real trouble.	T	F
128. I really think I have a better personality than most other people I know.	T	F
129. My mind is full of bad thoughts.	T	F
130. When you're in trouble, nobody much cares to help you.	T	F
131. Sometimes when my family tells me not to do something, I go ahead and do it anyway.	T	F
132. It's best not to think about your problems.	T	F
133. I hardly ever feel excited or thrilled.	T	F
134. When something bad happens, I almost always blame myself instead of the other person.	T	F
135. The people who run things are usually against me.	T	F
136. I have too much trouble making up my mind.	T	F
137. Most people who act so perfect are just putting on a big front.	T	F
138. When luck is against you, there isn't much you can do about it.	T	F
139. I get tired easily.	T	F
140. I think my mother should have been stricter than she was about a lot of things.	T	F
141. I like to read and study.	T	F
142. I feel alone even when there are other people around me.	T	F
143. When I want to, I'm good at outsmarting or fooling others.	T	F
144. I always hate it when I have to ask someone for a favor.	T	F
145. I often have trouble getting my breath.	T	F

	True	False
146. Whatever I do, I tend to worry about how well I'm doing.	T	F
147. For my size, I'm really pretty tough.	T	F
148. People hardly ever give me a fair chance.	T	F
149. I like to daydream more than anything else.	T	F
150. Sometimes the only way to really settle something is to fight it out.	T	F
151. I am nervous.	T	F
152. Stealing isn't so bad if it's from a rich person.	T	F
153. My family seems to think I might end up being a no-good bum.	T	F
154. Things don't seem real to me.	T	F
155. I feel better when I know exactly what will happen from one day to the next.	T	F
156. Families argue too much.	T	F
157. Sometimes it seems like I'd rather get into trouble, instead of trying to stay away from it.	T	F
158. I think there is something wrong with my mind.	T	F
159. I get angry very quickly.	T	F
160. When I get into trouble, it's usually my own fault.	T	F